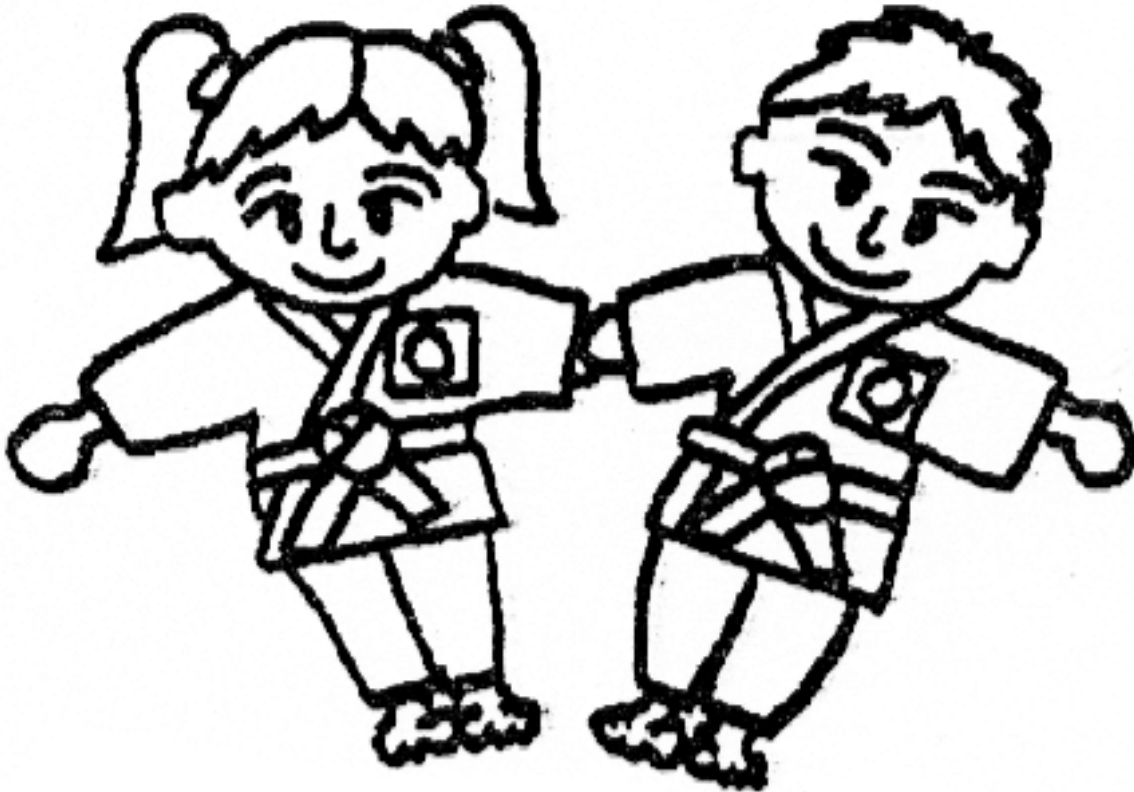


Healthy Kids Day!



Join us for a free youth Aikido class at the Jackson YMCA Healthy Kids Day celebration on Saturday April 18th! Classes are 45 minutes long and open to all children ages 5-13.

Classes emphasize coordination, discipline, and having fun while working out. No prior experience is required.

Saturday April 18th 10:30 am and 12:00 pm

www.jacksonaikido.com